Experience

like never before

Disciple Handbook

Connect Learn Ask Pray

ACCOUNTABILITY QUESTIONS:

This week, have you...

- Spent daily time in prayer and the Scriptures?
- Been with someone in a way that was inappropriate or could have appeared that way to others?
- Been completely honest in your financial dealings?
- Viewed any explicit material?
- Taken time to be with your family?
- Fulfilled the mandate of God's calling on your life?
- Shared Christ with someone?

FOCUS #1- Why Do I Need God to Save Me?

- **Review:** Talk briefly about what you expect out of your weekly disciple meetings.
- **Read:** Ezekiel 18:20; John 14:6; Romans 3:23; 6:23; 5:8; 10:9-10,13; Ephesians 2:8-9; James 2:10

Discuss:

What problem do we all have?

What do "perish" and "eternal life" mean in John 3:16?

Because of your sin, which do you deserve: Heaven or Hell?

What has Jesus done so that you have eternal life in Heaven?

In 2 Corinthians 13:5, why does God tell us to examine ourselves?

Apply: If you have never given your life to God, do that now. If you have already placed your trust in Jesus, stop now and tell Him "Thank You!"

Memorize: (Write the verse in the space below) John 3:16 (or one of the other verses above)

FOCUS #2 - How Do I Know I Am a Child of God?

Review: How does someone become a child of God?

Read: John 1:12; 3:36; 10:27-30; Romans 8:16; 1 John 5:11-13

Discuss:

What does John 5:24 say has already happened to the person who believes in Jesus?

What does Romans 8:16 say about God's Spirit in the believer?

What will happen to you the moment that you die?

Apply: Believers in Jesus are sometimes plagued with doubts about their salvation; settle your doubts permanently by trusting completely in what God has said. Write your commitment down somewhere permanent (the front of your Bible).

Memorize: (Write the verse in the space below) John 10:28

FOCUS #3 - Why Should I Be Baptized?

Review: How do you know that Jesus has saved you?

Read: Matthew 3:13-17; Acts 8:35-40

Discuss:

What is baptism?

What is baptism a picture of?

Do you need to be baptized in order to go to Heaven?

Apply: If you have not yet been baptized, contact a pastor so you can be baptized soon.

Memorize: (Write the verse in the space below) Romans 6:4

FOCUS #4 - Who is God?

Review: What is baptism a picture of?

Read: 1 Chronicles 29:11-13; Isaiah 40:12-14; 1 Timothy 1:17; 6:16; Hebrews 13:8; Revelation 1:8; 4:11

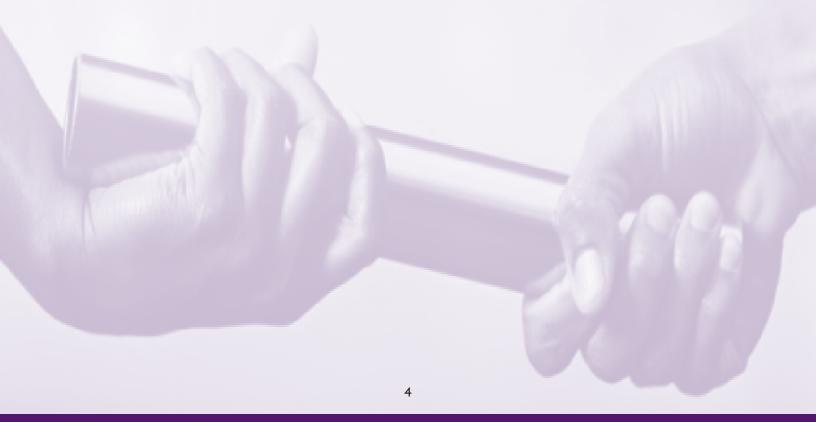
Discuss:

How big is your God?

How do each of the following apply to God: Trinity, Creator, eternal, unchanging, all-powerful, all-knowing, all-present, holy, love, personal?

Apply: Each day this week, choose one word from the list above and meditate on Who God is.

Memorize: (Write the verse in the space below) Isaiah 40:28



FOCUS #5 - Your Identity in Christ

Review: Describe God.

Read: John 15:1-7; 17:3; Galatians 2:20; Philippians 3:8-11

Discuss:

How would you answer the question, "Who Am I"?

Who or what is the source of your identity?

What is the source of your happiness, peace, joy and fulfillment?

Many Christians exhaust themselves trying to please God; what is wrong with living that way?

Apply: Every morning this week, remind yourself that you are a child of God, and that you can do nothing without Him.

Memorize: (Write the verse in the space below) John 15:5

FOCUS #6 - How Can I Live the Right Way?

Review: What can you accomplish without Jesus?

Read: John 10:10; 2 Corinthians 5:17; Philippians 2:13; Colossians 3:1-3

Discuss:

What does it mean to "take off the old self" and "put on the new self" in Ephesians 4:22-24?

What are the pieces of the "Armor of God" in Ephesians 6:10-18?

According to 1 Peter 5:8, why is it essential to "suit up" in your spiritual armor every day?

How can you "walk in the Spirit" every moment?

Apply: Practice putting on each piece of spiritual armor at the beginning of every day this week.

Memorize: (Write the verse in the space below) Galatians 2:20

FOCUS #7 How Can I Keep from Sinning?

Review: What are the pieces of the armor of God?

Read: Romans 6:12-14; 1 Corinthians 6:19-20; 10:13; James 1:13-14; 4:6-8; 1 John 2:15-17; 4:4

Discuss:

How did Jesus suggest getting serious about temptation in Matthew 5:27-30?

How important is your thought life in dealing with temptation (see 2 Corinthians 10:5 and Philippians 4:8)?

How can memorizing the Bible help you resist temptation?

Apply: Choose a verse to memorize as a weapon against temptation (suggestions: Job 31:1; Psalm 101:3; Galatians 5:24; Philippians 4:8; James 4:7; 2 Timothy 2:22)

Memorize: (Write the verse in the space below) Psalm 119:11

FOCUS #8 What Should I Do When I Fail?

Review: What Bible verse helps you keep from sinning?

Read: Psalm 51:1-17; 66:18; 103:12; 119:9; Proverbs 28:13; Isaiah 1:18; James 5:16; Hebrews 10:17

Discuss:

Did Jesus die on the cross for your past sins, your future sins, or all of your sins?

Do you stop being God's child when you sin? What do you lose when you sin?

How long should you wait to confess your sins?

Apply: Practice "double confession" to God each day this week: stop and confess immediately when you sin, and confess all of your sins before you sleep.

Memorize: (Write the verse in the space below) 1 John 1:9



FOCUS: CORE VALUE #1 - LORDSHIP OF CHRIST (Part 1)

Review: What should you do when you sin against God?

Read: Proverbs 3:5-6; Matthew 6:33; Colossians 1:9-20; Romans 14:9; Ephesians 1:22-23; 2:20

Discuss:

What does it mean to say that Christ is the Lord of your life?

What other "lords" want to run your life?

Are you fulfilling the reason you were created (see Colossians 1:16)?

Apply: Establish a "fast" this week from the thing that competes the most with God in your life.

Memorize: (Write the verse in the space below) 1 Corinthians 10:31



FOCUS: CORE VALUE #1 - LORDSHIP OF CHRIST (Part 2)

Review: What is the purpose of your life (see 1 Corinthians 10:31)?

Read: Luke 6:46-49; Ephesians 4:15; Philippians 2:1-11

Discuss:

In Luke 14:25-33, what is the high cost of following Jesus?

What kind of attitude should we have (see Philippians 2:1-5)?

Apply: This week, ask God to show you areas of your life that you are holding back from Him, and then surrender those things back to His control.

Memorize: (Write the verse in the space below) Romans 12:1-2

FOCUS: CORE VALUE #2 - BIBLICAL TEACHING

Review: In what area of your life is it hardest to trust God?

Read: Psalm 119:9-11; John 5:39; 17:17; Romans 10:14; 2 Timothy 3:15-17; 2 Peter 1:20-21

Discuss:

How important is the Bible in your life?

What would life be like if we did not have access to God's Word?

How is meditating (ruminating) on God's Word compared to a cow chewing the cud?

Apply: Take notes on this week's sermon and review them throughout the week, looking up every Scripture the pastor mentions (see Acts 17:11).

Memorize: (Write the verse in the space below) II Timothy 3:16-17

FOCUS: CORE VALUE #2 - BIBLICAL TEACHING (Bible study)

Review: What was the pastor's sermon about?

Discuss:

Always study a verse in its context, never by itself.

Review the three questions of Bible study: What does the passage say? What does the passage mean? How do I apply it to my life?

As you read each passage, look for SPACE:

Sins to confess Promises to claim Attitudes or actions to adopt or avoid Commands to obey Examples to follow

Contrast "hearers" and "doers" (James 1:22-25).

Apply: When and where will you study your Bible each day this week?

If you do not already have one, purchase a good study Bible.

Consider reading through the Gospel of John over the next few weeks.

Memorize: (Write the verse in the space below) Joshua 1:8

Read: Psalm 1:1-3; Matthew 4:4; John 14:15; 2 Timothy 2:15; Hebrews 4:12-13; 1 Peter 2:2; 2 Peter 3:18

FOCUS: CORE VALUE #3 - AUTHENTIC WORSHIP

Review: What did God teach you in His Word this week?

Read: Psalm 27:4; 96:1-4; 99:1-5; 122:1; Ecclesiastes 12:13; Philippians 3:13-14; Hebrews 10:25,31

Discuss:

What does it mean to fear God?

Why is the weekly worship gathering of the church so vital to the believer?

Would you describe your life as focused or distracted?

Apply: Evaluate every part of your daily life: how are you worshiping God in each activity?

Memorize: (Write the verse in the space below) John 4:23-24

FOCUS: CORE VALUE #4 - DEVOTED PRAYER

Review: How focused on God are you?

Discuss:

What does the story of the persistent widow in Luke 18:1-18 teach us about prayer?

How do you keep your prayers a simple communication with God rather than a religious ritual?

What opportunities does our church provide to pray together? (Check the church bulletin or the website for a list of available prayer groups.)

Apply: Attend a prayer group this week.

Memorize: (Write the verse in the space below) James 5:16

Read: 2 Chronicles 7:14; Acts 2:42; 4:23-24; Romans 8:26,27,34; Ephesians 3:20-21; Hebrews 4:14-16; 10:19-23; 1 John 5:14-15

FOCUS: CORE VALUE #4 - DEVOTED PRAYER (Personal prayer life)

Review: What do you enjoy about praying with another believer?

Read: Psalm 37:4-5; Mark 1:35; Matthew 6:6; 7:7; John 14:13-14; 15:7; Philippians 4:6-7; 1 Thessalonians 5:16-18; James 4:2-3

Discuss:

Review the four parts of prayer (ACTS): Adoration, Confession, Thanksgiving, Supplication (requests)

What do you worry about? How can you turn that worry into a prayer?

What is the purpose of fasting (Isaiah 58:6-12; Matthew 6:16-18)?

What is something you can ask God to do that only He can do, so that when He does it, He will get all of the credit?

Apply: Choose a time and place where you will pray every day this week. Keep a journal of your prayer requests and answers.

Set aside one meal this week in order to fast and pray.

Memorize: (Write the verse in the space below) Matthew 6:9-13

FOCUS: CORE VALUE #5 - SPIRITUAL TRANSFORMATION

Review: How was your prayer life this week?

Read: Romans 12:1-12; 2 Corinthians 10:3-6; Ephesians 2:1-10

Discuss:

How has God transformed your life? How is He continuing to transform you?

What is God's goal for your life (see Romans 8:29-30)?

How do you, the Holy Spirit, God's Word, and other believers all work together in your spiritual growth?

Apply: Make a list of things in your life that God is changing to make you more like Jesus.

Memorize: (Write the verse in the space below) 2 Corinthians 10:5

FOCUS: CORE VALUE #5 - SPIRITUAL TRANSFORMATION (The Holy Spirit)

Review: In what ways is God making you more life Jesus?

Read: Psalm 139:23-24; John 14:15-18; 15:1-7; 16:5-15; Acts 1:8; Romans 8:26; Galatians 5:19-26

Discuss:

What is the role of the Holy Spirit in your life?

How sensitive are you to the voice of the Holy Spirit?

How much of the "fruit of the Spirit" (Galatians 5:22-23) is present in your life?

Apply: Ask God continually to fill you with His Spirit and allow Him to take total, moment-by-moment control of your life.

Memorize: (Write the verse in the space below) Ephesians 5:18

FOCUS: CORE VALUE #6 - LOVING COMMUNITY (Church Family)

Review: How much control did the Holy Spirit have in your life this past week?

Read: Ephesians 4:1-16; Acts 2:42-47; 1 Corinthians 15:33; Philippians 2:1-5; Titus 2:1-14

Discuss:

How can bad friends drag you away from Christ?

How can a lack of love in our church damage our ability to impact our community for God?

Apply: Join a Sunday School class or Bible study if you are not already a member of one.

Choose someone to encourage this week.

Memorize: (Write the verse in the space below) John 13:34-35

FOCUS: CORE VALUE #6 - LOVING COMMUNITY (Restoration)

Review: What do you enjoy about your Sunday School or Bible Study group?

Read: Proverbs 17:9; 27:17; Matthew 5:23-24; 7:1-5; 18:15-20; Ephesians 4:32; 2 Timothy 2:24-26; James 5:16; 1 John 5:20

Discuss:

Is there anyone with whom you need to reconcile?

Why is it unloving to ignore a friend's sin?

Apply: What steps will you take this week to reconcile with someone else? Is there anyone trapped in sin that you can help restore?

Memorize: (Write the verse in the space below) Galatians 6:1



FOCUS: CORE VALUE #7 - MISSIONAL LIVING (Testimony)

Review: What is the proper way to help a fellow believer who is trapped in sin (see Matthew 18:15-20)?

Read: Psalm 126:3; Matthew 4:19; Mark 5:18-20; Acts 24:16; Romans 1:16; 1 Peter 3:15

Discuss:

Who told you about Jesus? What would your life be like if you no one had ever told you about Jesus?

Why did God not take us directly to Heaven when He saved us?

Apply: Write out the three parts of your personal testimony: My life before I met Jesus How I met Jesus How Jesus has changed my life

Think of one person that you can share your testimony with this week.

Memorize: (Write the verse in the space below) Psalm 40:1-3

FOCUS: CORE VALUE #7 - MISSIONAL LIVING (Evangelism and Discipleship)

Review: Share your testimony with your group.

Read: Proverbs 11:30; Mark 1:17; Acts 1:8; 17:6; Colossians 4:2-6

Discuss:

How can you be a missionary to your work/school/neighborhood?

The primary command in Matthew 28:19-20 is to "make disciples"; what are the other three verbs in those verses, and what do they teach us about making disciples?

Apply: Make a list of three unsaved people that you will pray for. Also, ask God whom He is leading you to disciple this next year and take steps to begin that relationship.

Memorize: (Write the verse in the space below) Matthew 28:19-20

FOCUS: CORE VALUE #8 - FAITHFUL STEWARDSHIP (Money)

Review: What unsaved people are you praying for?

Discuss:

How much of your life belongs to God?

Do you tithe your income back to Him? (The word "tithe" means "tenth.")

Which of these words best describe your giving: cheerful, generous, sacrificial, regular, budgeted begrudging, hesitant, sparse, occasional, limited

Apply: Evaluate your budget: what expenses can you cut in order to experience the pleasure of giving more?

Memorize: (Write the verse in the space below) Proverbs 3:9

Read: 1 Chronicles 29:14; Malachi 3:8-10; Matthew 6:1-4,19-21,24; Mark 12:41-44; Acts 20:35; 1 Corinthians 16:2; 2 Corinthians 8:7-15; 9:6-11

FOCUS: CORE VALUE #8 - FAITHFUL STEWARDSHIP (Spiritual Gifts, Talents)

Review: Are you giving sacrificially from your finances to God?

Read: Romans 12:1-13; 1 Corinthians 12:1-31; Ephesians 4:11-16; Mark 10:45; 1 Peter 4:10

Discuss:

Complete the included gifts/passions/experience assessment. What are your gifts?

Who and what are you passionate about? What ministries do you feel drawn to?

Apply: If you are not already involved in a ministry to others, join one this week, or start a new ministry.

Memorize: (Write the verse in the space below) 1 Peter 4:10

Spiritual Gift Inventory

Rate how well each of these statements describes you.

- 5 Almost Always,
- 4 Often,
- 3 Sometimes (use sparingly),
- 2 Seldom,
- 1 Never
- 1. ____ I tend to motivate others to get involved.
- 2. ____ I am attracted to ministries that start new churches.
- 3. ____ I am able to sense the motives of people.
- 4. ____ I rejoice to see people come to know Christ.
- 5. ____ I inspire others to right actions.
- 6. ____ I have strong assurances that God will answer prayer.
- 7. ____ I experience joy meeting needs through sharing possessions.
- 8. ____ I like having people visit my home.
- 9. ____ I often feel compelled to study and learn biblical truths.
- 10. ____ I often volunteer to take charge of difficult projects.
- 11. ____ I attract & am drawn to people who are hurting or rejoicing.
- 12. ____ It is not difficult to confront someone with sin in their life.
- 13. ____ I have the ability to nurture others.
- 14. ____ I tend to take on a lot of opportunities to serve people.
- 15. ____ I am able to plan effective learning opportunities.
- 16. ____ I like to solve problems using Scripture.
- 17. ____ I enjoy making plans to meet goals.
- 18. ____ I feel I should take the gospel to people with different beliefs.
- 19. ____ I can tell when people are genuine/honest.
- 20. ____ I have a strong desire to share my faith with the lost.
- 21. ____ I really enjoy encouraging others.

- 22. ____ I trust God in difficult situations.
- 23. ____ I am always ready and willing to give if a valid need exists.
- 24. ____ I try to make others feel warm, wanted, welcomed, accepted.
- 25. ____ I enjoy studying the Bible.
- 26. ____ I feel frustrated when it looks like no one is in charge.
- 27. ____ I want to comfort the sick or those having difficulties.
- 28. ____ I have a burden to memorize Scripture.
- 29. ____ I have a burden to see others learn and grow.
- 30. ____ I like to work behind the scenes without public recognition.
- 31. ____ I explain Scripture in a way that others understand.
- 32. ____ I can usually see spiritual solutions to problems.
- 33. ____ I like to organize people to accomplish great task.
- 34. ____ I like starting new churches from scratch.
- 35. ____ I like to differentiate between true and false needs.
- 36. ____ I can share the Gospel with total strangers.
- 37. ____ I like assisting others with difficulties in their life.
- 38. ____ I seek to be continually in God's will.
- 39. ____ I watch my finances closely so I can give freely.
- 40. ____ I have the ability to make strangers feel at ease.
- 41. ____ I spend time digging into facts.
- 42. ____ People often listen, agree, and follow my input & guidance.
- 43. ____ I recognize the signs of stress and distress in others.
- 44. ____ I am able to speak clearly about doctrinal truths.
- 45. ____ Leading groups to spiritual maturity is most appealing.
- 46. ____ I prefer to follow rather than lead.
- 47. _____ Studying the Scripture is my passion.
- 48. ____ I tend to make wise decisions and choices.
- 49. ____ When there is no leadership in a group, I assume it.
- 50. ____ I would like to move somewhere and start a new ministry.
- 51. ____ People say that I often have just the right advice.

- 52. ____ I have been instrumental in leading others to Christ.
- 53. ____ I like lessons to have practical application when teaching.
- 54. ____ Trusting God for the impossible comes easy for me.
- 55. ____ I tend to discern true financial needs.
- 56. ____ I enjoy using my home to minister to others.
- 57. ____ I learn and remember biblical truths easily.
- 58. ____ I can delegate and assign meaningful work.
- 59. ____ I am greatly concerned about comforting others.
- 60. ____ I tend to be irritated when people sin.
- 61. ____ I like to help others get involved in ministry.
- 62. ____ I like being asked to do jobs at the church.
- 63. ____ I enjoy preparing to teach.
- 64. ____ I am able to relate the truths of God to specific situations.
- 65. ____ Once a project is organized, I like to delegate tasks.
- 66. ____ I enjoy presenting the gospel to people of other cultures.
- 67. ____ I am a good judge of what is good and evil.
- 68. ____ I feel witnessing is the most important task of a Christian.
- 69. ____ I give practical, step-by-step advice to others.
- 70. ____ I want people to pray more and increase their faith.
- 71. ____ I am a cheerful giver.
- 72. ____ I look for opportunities to use my home to help others.
- 73. ____ I can organize facts into meaningful relationships.
- 74. ____ I can plan strategy and "bring others aboard."
- 75. ____ I am very concerned about how a person feels.
- 76. ____ I can be stubborn and difficult to convince.
- 77. ____ I desire to give direction to those under my care.
- 78. ____ I enjoy working with my hands.
- 79. ____ I like to explain why something is true.
- 80. ____ I easily see the difference between truth and error.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32
33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48
49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64
65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
Administration	Pioneering	Discernment	Evangelism	Encouraging	Faith	Giving	Hospitality	Knowledge	Leadership	Mercy	Prophecy	Pastor/Shepherd	Serving/Ministry	Teaching	Wisdom

Transfer your answers ("5, 4, 3, 2, 1") for each question into the corresponding box. Then total each column.

Passion Assessment

ISSUE PASSION – Circle up to five you feel most strongly about:

Abortion Awareness	Discipleship	Housing
Marriage Issues	Racism	Addictions
Divorce Care	Human Rights	Reaching the Lost
Administration	Economics	Hunger
Missions	Social Issues	Homosexuality
Injustice	Parenting	Technology
Arts	Environment	International Issues
Politics	Teen Concerns	Child Care
Family Issues	Interpersonal Relations	Poverty
Terminal Illnesses	Counseling	Financial Issues
Legal Issues	Practical Projects	Violence
Creative Projects	Health Care	Literacy
Prisons	Worship	Defending the Faith
Others:		_

PEOPLE PASSION: Whom do you lean toward? (Limit answers to five)

Abuse Victims	Divorced Men	Parents
Street Kids	Adults	Empty Nesters
Youth	Parents of Teens	Teen Moms
Professionals	Engaged Couples	Minorities
Poor Teens	Career Women	Grieving
Missionaries	Prisoners	Unemployed
Children	Homeless	New Believers
Visitors to Church	College Students	Hospitalized
New Members	Seniors	Widows/Widowers
Couples	Infants	New Parents
Single Parents	Women	Disabled
Newlyweds	Singles	Young Adults
Others:		_

Experience Assessment

Mark areas that you really enjoy or have done in the past:

- Mental Health
- Social Work
- Financial
- Dental
- Medical
- Legal
- Nursing
- Carpet Cleaning
- Air Conditioning
- Engineer
- Journalist/Writer
- Systems Analyst
- Lifeguard
- Career Counseling
- Unemployment
- Day Care Director
- Personnel Manager
- Public Relations
- Advertising
- Television
- Comp. Programmer
- Paramedic/EMT
- Comm. Bus Driver
- □ Set design/constr.
- Video Editing
- Elementary
- Food Service
- Single Adults
- Catering/Cooking
- Weddings
- Bookstore
- CD/DVD Duplication
- Researcher
- Aerobics
- Meals on Wheels
- Photography
- Banners

- Typing (40+ WPM)
- Receptionist
- Office Manager
- Data Entry
- □ Filing
- Mail Room
- Library
- Transcription
- Pilot
- Choir Director (Kids)
- Choir /Singer
- Soloist
- Pianist
- Guitarist / Bassist
- Drummer
- Band/orchestra
- Actor/Drama
- Dance
- Puppets
- Clowning
- Illusionist
- Mime
- Sound/Mixing
- Lighting
- Script Writer
- Preschool
- Customer Service
- Senior High
- Couples
- Men's Groups
- □ Women's Groups
- Tutoring
- Learning Disabled
- Nursing Homes
- Hospital Visitation
- Foreign language

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- Crafts
- Decorating

- General Contractor
- Architect
- Carpenter: General
- Carpenter: Finish
- Carpenter: Cabinet
- Electrician
- Plumbing
- Heating
- Painting
- Papering
- Masonry
- Roofer
- Telephones
- Concrete
- Carpet Installer
- Interior Design
- Law Enforcement
- Database Mgmt
- Word Processing

Graphic Design

Child Care

Junior High

Maintenance

□ Incarcerated

Sports Official

Plant Care

Artist

- Web Page Design
- Desktop PublishingPresentation Design

Spreadsheet Mgmt

Video Camera Op.

Physically Challenged

Mentally Challenged

Hearing Impaired

Budget Counseling

Homeless Housing

FOCUS: NOTES FOR THE DISCIPLER

Goals for each member of your disciple group:

To have a closer relationship with God

To be firmly established in the faith

To develop a regular prayer and devotional life

To be faithful to worship and Sunday School

To get involved in a ministry (utilizing spiritual gifts)

To be actively sharing Christ with others

To be prepared to disciple another new believer

Who should be in your disciple group?

Someone of the same gender Someone that the Lord has given you special responsibility for Someone that the Lord has laid on your heart Someone of your own generation, or someone of a different generation. Someone who loves the Lord and is faithful (2 Timothy 2:2)

Typical Disciple Group Meeting

What is it like when your discipleship group gets together each week?

What will you do?

You can use the word "CLAP" to remember four things about your disciple group meetings:

CONNECT - use the first couple of minutes to "catch up" on what has happened over the past week.

LEARN - the disciple handbook includes a simple, weekly, step-by-step journey through the essentials of following Jesus. Each week contains recommended verses to read, questions to discuss, and a Scripture to memorize.

ASK - take the time to ask some tough accountability questions. James 5:16 tells us to confess our faults one to another for true, spiritual healing.

PRAY - this is the most powerful part of your disciple group. Pray specifically for each other's physical, emotional, and spiritual needs.